

ADULTS

CHILDREN S

Timetable

DAY	CLASS	AGE	TIME	VENUE
MONDAY				
	Zumba	Adults	10.45-11.45am	BRIDGES CC
THURSDAY				
	5x60	12yrs+	3.00-4.00pm	Monmouth Comp
	Mini Tots	3-4yrs	4.30-5.00pm	BRIDGES CC
	Minis	5-6yrs	5.00-5.45pm	BRIDGES CC
	Junior Blast	7-11yrs	5.45-6.45pm	BRIDGES CC
	Blasters	12yrs+	6.45-7.45pm	BRIDGES CC

Children classes £3

Adults classes £4